

**University of
Wyoming**
College of Health
Sciences
School of Pharmacy

CONTINUING PHARMACY EDUCATION
Accreditation Council for Pharmacy
Education



**WYOMING CERTIFICATE
PROGRAM**

**A NEW START IN HEALTH
TECHNOLOGY ASESMENT**

INTRODUCTION

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WYOMING CERTIFICATE PROGRAM OVERVIEW

Welcome to the School of Pharmacy, University of Wyoming 2023/2024 ACPE accredited Certificate Program *A New Start in Health Technology Assessment*. This is a 14-module, ACPE 20.5 credit hour certificate program designed to introduce a new start for the evaluation of pharmaceutical products and devices ¹,

The focus of this program is to examine the appropriate theoretical and practical foundation for the methods and application of techniques in health technology assessment (HTA) that meet the standards of normal science and fundamental measurement ². This involves meeting the evidence needs of formulary committees, practitioners, patients and other health system decision makers and is critical for effective health care delivery, together with the meaningful assessment of pharmaceutical products and devices by pharmacists in every day practice.

Unfortunately, current analytical standards in pharmacoeconomics or health technology assessment (HTA) fail to meet the required evidentiary standards. The misplaced focus on approximate information, assumption driven simulated and non-empirically evaluable modelled claims for cost-effectiveness. At the same time, in focusing on disease specific value claims, and rejecting multiattribute generic preferences and quality adjusted life years (QALYs), there is a pressing need to understand the impact of modern or Rasch measurement rules to construct patient reported outcome (PRO) instruments that support meaningful claims for response to therapy.

This new start in HTA rests on three premises:

- All value claims for therapy impact, whether for clinical endpoints, PRO, drug and resource utilization must meet the standards of normal science for credibility, empirical evaluation and replication;
- All value claims must be for instruments supporting single attributes that meet Rasch measurement standards or rules as interval or ratio scores in order to capture response to therapy; and
- All value claims must be supported by a protocol detailing how the claim is to be assessed and reported.

The proposed new start demonstrates that the commitment to assumption driven modelled simulation to support cost-effectiveness claims is an analytical dead end. It meets neither the standards for normal science not the required measurement standards. The new start delivers a comprehensive package to support formulary submissions, prospective research programs to discover new facts for therapy response as well as the necessary inputs for outcomes based contracting.

A NEW START IN HEALTH TECHNOLOGY ASSESSMENT

The Wyoming Certificate Program in three parts: (i) required evidentiary standards for product and therapy assessment (4 modules); (ii) the failure of approximate modelled information for therapy decisions (5 modules); and (iii) formulary submission value claims and protocols for a new start in product evaluation (5 modules). The program aims to make the case for rejecting 30

years of much misplaced and wasted effort in HTA. In the early 1990s the decision was made that in order to make the case for new pharmaceutical products at product launch; hypothesis testing was to be abandoned in favor of creating assumption driven modeled approximate information to support formulary decisions³. This was uncritically accepted by leaders in the field and detailed in textbooks and practice guidelines⁴. It was also uncritically accepted by academic centers, government agencies and analysts despite warnings to the contrary^{5 6}. The result was the acceptance for publication of thousands of cost per quality of life (QALY) assumption driven imaginary claims which fail to meet the standards of normal science and fundamental measurement and their continued application by groups such as the Institute for Clinical and Economic Review (ICER)^{7 8}. At the same time this acceptance of assumption driven modelled claims is open to abuse and bias⁹. We are still locked into this belief system with the recent publication of the CHEERS 2022 guidance for submitting imaginary modeled claims to academic journals^{10 11}.

The new start paradigm provides a theoretical and practical foundation for the appropriate methods and application of techniques in HTA that meet the standards of normal science and fundamental measurement. Meeting the evidence needs, including outcomes contracting, of formulary committees, practitioners, patients and other health system decisionmakers, including minimizing bias, is critical for effective health care delivery and the meaningful assessment of pharmaceutical products and devices¹². This program proposes a new start in HTA to meet the needs of health system decision makers; a framework of analysis that is not only consistent with the standards of normal science and Rasch or modern measurement theory¹³, but one that focuses on capturing needs-fulfillment quality of life of patients and caregivers. The importance of rejecting non-evaluable value claims for conducting and assessing outcomes research will be emphasized. This rejection provides a firm empirical basis for evaluating long-term clinical, quality of life and resource utilization outcomes, including engaging with health systems to identify and even contract for key value claims as part of disease area and therapeutic class reviews.

Many practitioners are aware of the manifest deficiencies in modelled claims¹⁴. Yet the majority persevere in the belief that formulary committees are prepared to accept imaginary claims to support pricing and access decisions. The problem, is that by changing assumptions any number of competing modeled claims can be presented¹⁵. At the same time, journal editors are presumably more than happy to publish any number of simulated imaginary claims, driven by assumptions, which have no relation to reality for an impossible unknown future.

It is not often appreciated, but the current analytical framework supports a belief system in imaginary value claims that is unique in the physical and social sciences; rejecting the standards for the discovery of new, yet provisional facts, that has been accepted for the 375 years since the scientific revolution of the 17th century¹⁶. While practitioners in HTA or pharmacoeconomics claim it is a branch of economics, this is wishful thinking. It is totally at variance with the standards of analysis both in mainstream economics and in the applied discipline of health economics, the study of the production and consumption of health and healthcare; we must not confuse the 'standards' of non-science with those of science. HTA follows a belief system which has more in common with that prevailing in the middle-ages; one beginning only to be overthrown with the scientific revolution of the 17th century by figures such as Bacon, Galileo, Descartes and Newton. In this context it is worth remembering the motto of the Royal Society (founded in 1660): *nullius in verba* (take nobody's word for it). This is rejected in HTA by asking, with assumption driven

claims, that we take anybody's word for it; any assumption driven non-empirically evaluable claim is presumably as good (or bad) as any other.

It is worth quoting Richard Dawkins, the evolutionary biologist, on differentiating science from non-science (or simply faith in creating non-evaluable approximate information value claims):

*.....the selective forces that scrutinize scientific ideas are not arbitrary or capricious. They are exacting well-honed rules and they do not favor self-serving behavior. They favor all the virtues laid out in textbooks of standard methodology: testability, evidential support, precision, quantification, consistency, intersubjectivity, repeatability, progressiveness, independence of cultural milieu and so on*¹⁷.

Measurement is critical if value claims for competing products are to have any credibility. If the tools used to support claims for measuring response are irrelevant, failing to meet required measurement standards, then we have to question almost all direct and indirect generic preference scores and the overwhelming majority of patient reported (PRO) instruments. Most fail the axioms of fundamental measurement and the tools of simultaneous conjoint measurement that have been practiced in other social sciences for 60 years.

At the same time, value claims must be disease specific tailored to specific attributes relevant to formulary decisions whether these are for clinical claims, quality of life claims or drug and resource utilization claims. The target must be to develop instruments that meet ratio or interval measurement properties. Assumption driven simulated blanket claims for comparative cost-effectiveness are totally unacceptable.

It is not so much that HTA is at a crossroads; the decision to take the wrong road was made decades ago. No, we must seriously question the pharmacoeconomic belief system (or meme). This will be defended; the wagons will be pulled into a circle. There is no option: we require a paradigm that makes analytical sense and which brings us back to the standards we have long ignored. This is the purpose of this ACPE certificate program from the School of Pharmacy, University of Wyoming.

PROGRAM LEARNING OUTCOMES AND GOALS

- Leverage the strengths and weaknesses of health technology assessment techniques as defined by pharmacoeconomics in terms of the standards for normal science and fundamental measurement
- Understand the importance of a new framework for economic evaluations in formulary decision making
- Identify the appropriate measurement constructs for value claims in therapy impact
- Identify the appropriate health technology assessment framework for a given situation
- Differentiate the options in economic analysis for value claims
- Recognize the limitations of simulation modeling in creating value claims
- Recognize the limitations of QALYS and patient reported outcomes (PRO) claims
- Construct appropriate resource utilization and cost claims

- Leverage practice competencies related to the importance of the patient (or caregiver) voice in value claims
- Critically assess value claims for competing therapies
- Provide a framework for values claims outcomes contracting

READING AND REFERENCE MATERIALS

There is no textbook for this program as there is none that meets the required standards for health technology evaluation. Instead, the course is built around a series of 14 modules with slides/audio presentation supported by extensive notes (over 100 pages) and references. Existing textbooks are out of date in terms of the appropriate analytical framework and techniques for health technology assessment and supporting products over their lifetime. The references have been selected because they support the arguments presented in the modules to support a new start in the techniques of health technology assessment and formulary submissions.

For those who wish to pursue in more detail the role of Rasch or modern measurement theory to support the new start in HTA, the following is recommended:

Bond T, Yan Z, Heene M. *Applying the Rasch Model: Fundamental Measurement in the Human Sciences* (4th Ed.). New York: Routledge, 2021

Also, there are a number of on-line introductions to Rasch modelling on YouTube (keywords Rasch, Wright map, WINSTEPS, RUMM2030).

PRE-PROGRAM READING

Before beginning this program, please read the following three key references:

Langley PC and McKenna SP. Measurement, modeling and QALYs [version 1; peer review: 2 approved] *F1000Research* 2020, 9:1048 <https://doi.org/10.12688/f1000research.25039.1>

Langley P. Nothing to Cheer About: Endorsing Imaginary Economic Evaluations and Value Claims with CHEERS 22 [version 1; peer review: 2 approved]. *F1000Research* 2022, 11:248 (<https://doi.org/10.12688/f1000research.109389.1>)

Langley P. Facilitating bias in cost-effectiveness analysis: CHEERS 2022 and the creation of assumption-driven imaginary value claims in health technology assessment [version 1; peer review: 2 approved]. *F1000Research* 2022, 11:993 (<https://doi.org/10.12688/f1000research.123709.1>)

PROGRAM MODULES

The program comprises an Introduction and 14 teaching modules grouped into three categories, each module supported by notes, links to key references, a slide presentation with audio commentary and a required on-line assessment (modules 1 – 14).

- (i) Meeting standards for normal science (4 modules)
 - (ii) The failure of approximate information (5 modules)
 - (iii) A new paradigm in health technology assessment (5 modules)
- Four modules that make the case for the standards of normal science and the rejection of pseudoscience:
 - Science versus non-science: *Understanding the importance of demarcation in the acceptance of value claims*
 - Ratio and interval measures: *Appreciating the importance of interval and ratio measures to support value claims*
 - Assumptions and Hume’s problem of induction; *Understanding that assumptions cannot be used to validate modeled value claims*
 - CHEERS 22: Tenacity of false belief systems in pharmacoeconomics: *Consider the potential impact given the limitation of CHEERS 2022 guidance*
 - Five modules that address the failure of created approximate information:
 - Truth is not consensus: *Consider whether there is any justification for lifetime modeled claims in formulary decisions*
 - Failure of multiattribute generic preference measures: *Understand the case for rejecting multiattribute preference measures in value claims for therapies*
 - The impossible QALY: *Understand why., despite its acceptance, why the QALY based on ordinal scores must be rejected*
 - Impossible value claims: *Consider the case for single attribute ratio value claims in formulary submissions*
 - Abandoning models in value claims: *Consider the circumstances under which modeled value claims are acceptable*
 - Five modules that detail the standards for a new start in formulary submissions:
 - Guidelines for value claims in formulary submissions: *Introducing a proposed format for therapy value claims that meet required evidentiary standards*
 - The patient voice: need fulfillment quality of life: *Introducing the needs-fulfillment quality of life measure for patients and caregivers*
 - Selecting PRO claims: *Introducing criteria for evaluating measurement standards for disease specific PRO claims*
 - Formulary submission guidelines: *Proposal for a formulary submission package for value claims and protocols*
 - Questions a formulary committee should ask; *Questions to address to ensure value claims meet standards of normal science and fundamental measurement*

METHODS AND CONTINUING EDUCATION REQUIREMENTS

All modules 1 – 14 require completion for each of a 15-item true/false and multiple choice questions where participants must attain a score of 70% (it can be retaken). These are marked on-line with immediate feedback. All evaluations must be completed by the expiration date of the program for each participant. Evaluations that are not received by this time will not be honored

and the participant will not receive credit. ACPE completion credit will be assigned for the year in which the program is successfully completed.

CE credits awarded will be electronically uploaded to the CPE Monitor system within 4 weeks of the UW SOP continuing education group receiving fully completed assessments and evaluation forms.

REGULAR ON-LINE SEMINARS

As part of the program an optional series of monthly on-line seminars can be accessed, presented by Dr Paul Langley with an extensive question and answer session. These will be supplemented by invited guests as part of the program to give added insight for the material covered. Seminar dates will be advised. Enrollment will be limited to first come/first served; if necessary, the seminar can be repeated if oversubscribed. For program Year 2023 the first three seminars will cover:

March 2023: *Requirements for Progress in Health Technology Assessment*

April 2023: *The Basics of Fundamental Measurement in Health Technology Assessment*

May 2023: *Rejecting Assumption Driven Modelled Claims in Health Technology Assessment*

DISCUSSION WHITEBOARD

The Program will be also supported by a discussion board. Participants can submit questions for discussion which will be open to all, with the instructor responding to the questions.

FACULTY DISCLOSURE

As a provider accredited by ACPE, it is the policy of the University of Wyoming, School of Pharmacy continuing education group to ensure balance, independence, integrity, objectivity, and scientific rigor in all educational activities. A potential for bias may exist if a continuing education faculty member is affiliated with or has a financial interest in any ineligible organization(s) that may have a direct interest in the subject matter of the presentation or the selling, marketing, or distribution of products discussed in the presentation. Situations involving potential bias are not inherently problematic or unethical, but the prospective audience must be made aware of the affiliation or financial interest. It is intended that any potential bias be identified openly so that the audience is provided full disclosure of the facts and may form their own judgments about the continuing education activity content.

The program has been developed and is presented by Dr Paul C. Langley, Ph.D., Adjunct Professor, College of Pharmacy, University of Minnesota, Minneapolis MN and Adjunct Faculty, Instructor, School of Pharmacy, College of Health Sciences, University of Wyoming, Laramie WY. Dr Langley is also Director of Maimon Research LLC, a consulting company based in Tucson, AZ Dr Langley is not affiliated with or has a financial interest in any ineligible organization.

PRIVACY POLICY

Once you register for a program, your personal information is collected. However, this information is utilized for record-keeping purposes associated with verifying your participation in CE programs in accordance with our accreditation requirements. In addition, this information is used for marketing of other University of Wyoming CE programs. Under no circumstances is your personal information shared with/sold to any other party. You can opt out of receipt of any of our advanced program information at any time.

PROGRAM FEES AND ENROLLMENT

You can enroll in the program on line through the University of Wyoming website.

Enrollment can be made any time from the open enrollment on February 1, 2023

Once you have completed your enrollment application on-line, a program fee of US\$875 is due payable to the University of Wyoming.

PROGRAM COMPLETION

On completion of program requirements you will be issued with a Certificate: *University of Wyoming, ACPE Certificate: A New Start in Health Technology Assessment*

FURTHER INFORMATION AND PROGRAM COORDINATOR

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REFERENCES

¹ Langley PC and McKenna SP. Measurement, modeling and QALYs [version 1; peer review: 2 approved] *F1000Research* 2020, 9:1048
<https://doi.org/10.12688/f1000research.25039.1>

² Langley P. Nothing to Cheer About: Endorsing Imaginary Economic Evaluations and Value Claims with CHEERS 22 [version 1; peer review: 2 approved]. *F1000Research* 2022, 11:248
<https://doi.org/10.12688/f1000research.109389.1>

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- ⁶ Wright B, Linacre J. Observations are always ordinal; measurements, however, must be interval. *Arch Phys Med Rehabil*. 1989; 70(12):857-60
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- ¹⁰ Husereau D, Drummond M, Augustovski F et al. Consolidated Health Economic Evaluation Reporting Standards 2022 (CHEERS 2022) Statement: Updated reporting guidance for health economic evaluations. *ValueHealth*. 2022;25(1):3-9
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